

## BASIC NEEDS: WHERE CAN I GET...

You are considered homeless if you do not have a fixed regular nighttime residence or your primary nighttime residence is a temporary accommodation in a supervised shelter, a halfway house, the residence of another person; or a place not designed for regular sleeping, such as a hallway, bus station or lobby.

This resource list is tailored specifically for homeless people, as rules differ for you at various agencies. It is not meant to list every resource available and the list is open for suggestions and revisions. Please contact [jillw@sbrm.org](mailto:jillw@sbrm.org). Additional information for **LEGAL resources** and **DETOX/ADDICTION TREATMENT resources** are available separately.

### EMERGENCY SHELTER

*Note: It is illegal to sleep or camp outdoors or in your vehicle in Santa Barbara except in designated campsites or with permission on private property.*

**Casa Esperanza:** Open 8:00 to 2:00 daily for day use. Overnight as beds available.  
First visit: Attend 10:00 a.m. orientation Monday - Friday to get member ID card. Apply for bed at 8:00 a.m. Monday – Friday.  
First come first served as beds are available.

**Santa Barbara Rescue Mission:** Overnight stay; Dinner at 6:15; Showers; Optional chapel 7:00 p.m.

Women check-in	4:00 p.m.	Monday to Saturday
	3:00 p.m.	Sunday
Men check-in	6:15-6:45 p.m.	Monday-Saturday
	5:15 – 5:45	Sunday

#### 1. **Transition House — A family homeless shelter in Santa Barbara ...**

[www.transitionhouse.com/](http://www.transitionhouse.com/)

425 E Cota St Santa Barbara, CA 93101

(805) 966-9668 9am to 4pm

Short term and longer term shelter for families.

Call for availability or apply in person.

**Noah's Anchorage Youth Crisis Shelter** Youth ages 10-17

**Domestic Violence Solutions:** Women and children may stay in one 3 confidential emergency shelters for up to 45 days. Criteria: Victim of domestic Violence.

Call 24 Hour hotline: Santa Barbara 964-5245;

Lompoc: 736-0965; Santa Maria: 925-2160; Santa Ynez Valley 686-4390

**Freedom Warming Centers:** Inclement Weather only (very cold, or very cold with rain)

Overnight shelter in local churches

Call 324 2372 or email at

[freedomwarmingcenter@gmail.com](mailto:freedomwarmingcenter@gmail.com)

**Salvation Army Hospitality House:** Emergency shelter inclement weather only; must be clean and sober.

**New Beginnings Safe Parking Program:** Offers you a safe place to park your vehicle and sleep overnight legally. Must have current license, registration and insurance.

Contact: Nancy Kapp 284-3463

**Note: Addresses and Phone Numbers are on the Phone List at the end of this booklet**

## BASIC NEEDS: WHERE CAN I GET...

### FOOD

#### Breakfast

<b>Rescue Mission</b>	Daily	5:45 a.m.
<b>Salvation Army Hospitality House</b> Sack Lunches until gone	Mon - Sat	7:00 a.m. - 9:15 a.m.
<b>St. Brigid Fellowship</b> (Isla Vista)	Mon-Wed-Fri	8:30 – 9:30 a.m.
<b>Pershing Park</b>	Sundays	9:00 a.m
<b>Fellowship Club of Mental Health Association</b>	Mon - Thur	9:00 a.m. Members only

#### Lunch:

<b>Casa Esperanza</b>	Mon - Fri Sat - Sun	11:00 - 12:30 11:00 - 12:00 Sack Lunch
<b>St Mark's/ Community Kitchen Isla Vista</b>	Mon - Fri	12:30 (Isla Vista)
<b>Fellowship Club</b>	Mon - Fri	12:00 (members only)
<b>Veteran's Building/ Organic Soup Kitchen</b>	Wed	12:00 – 2:00 (for Veterans)

#### Dinner:

<b>Rescue Mission</b>	Mon - Sat Sunday	6:15 p.m. 5:15 p.m.
<i>Note: showers, dinner and breakfast available even if not staying overnight</i>		
<b>Salvation Army Hospitality House</b>	Sundays	6:00 p.m.
<b>Pershing Park</b>	Wednesdays	5:30 p.m. (Uffizi Mission Project)
<i>Note: Santa Barbara Street Medicine/Doctors Without Walls provides free medical care as well as social services and referrals to other free providers nearby at this dinner.</i>		
<b>Alameda Park</b>	Wednesdays	5:30 p.m. (pizza)
<b>Alameda Park</b>	Thursdays	6:00 p.m. (Westmont College "Bread of Life")
<i>Note: Santa Barbara Street Medicine/Doctors Without Walls provides free medical care as well as social services and referrals to other free providers nearby at this dinner.</i>		
<b>St. Brigid Fellowship Isla Vista</b>	Mondays	4:30 p.m.. Winter, 5:00 p.m. summer
<i>Note: Every other Monday Santa Barbara Street Medicine/Doctors Without Walls provides free medical care as well as social services and referrals to other free providers nearby at this dinner.</i>		

#### Bulk Food/Groceries:

<b>Catholic Charities:</b>	Homeless Bulk Food Distribution: 1 bag food 4th week of every month
	Monday of 4th week: 12 noon – 4:30 p.m.
	Tues through Fri of 4th week: 8:30 a.m. – 4:30 p.m.

*Note: Catholic Charities offers other services for families and individuals with addresses and identification.*

## BASIC NEEDS: WHERE CAN I GET...

### Bulk Food/Groceries (continued)

<b>Grace Lutheran Church</b>	1st, 2nd, and 4th Saturdays	9 a.m. – 10 a.m.
<b>Catholic Charities distribution in Isla Vista</b>	Thursdays 6550 Picasso Road	3:30 – 4:30 p.m.
<b>Food For Angels, Isla Vista</b>	Mondays except holidays 781 Embarcadero del Mar (and Picasso, in alleyway)	4:00 p.m.

**Unity Shoppe:** For homeless, once a year; requires referral from approved agency\* and ID

**Food Bank Mobile Food Pantry and Mobile Farmers Market** provide produce and non-perishable goods – a map that lists all of the emergency food program in south Santa Barbara County as well as address, hours of operation, contact info is available at <http://www.foodbanksbc.org/howtogetfood.html>

### A SHOWER

<b>Salvation Army</b>	Mon - Sat	7:00 a.m. - 9:15 a.m.
<b>Casa Esperanza</b>	Mon - Fri Sat - Sun	8:30 a.m. - 10:00 a.m. 10:00 a.m. - 11:00 a.m.
<i>Notes: Must have Casa ID card; attend a 10:00 a.m. orientation M-F to get one.</i>		
<b>S.B. Rescue Mission</b>	Mon - Sat Sun	4:00 Women; 6:30 –7:30 men 3:00 Women; 5:30 – 6:30 men
<b>Cabrillo Bathhouse</b>	Mon – Fri	8:00 a.m. – 5:00 p.m.
Showers: \$4/day; 10 visits \$34; Unlimited month pass \$52; senior discounts Lockers: Stall locker: \$33 month; Small locker: \$17 month		

**Bikestation Santa Barbara** – for bicycle commuters; bicycle storage, shower, bathroom for members: Annual \$96; Monthly \$12, Daily \$1 (available in increments of 10)

### CLOTHES/LAUNDRY

#### **Clothes:**

<b>Catholic Charities</b>	Offers a clothing voucher once every two months to shop in their thrift store.
<b>Unity Shoppe</b>	Once a year with a referral from a partner agency*. Need ID.
<b>St Brigid Fellowship Isla Vista</b>	Monday morning clothes and socks distribution

Note: Clothes are also distributed at the various shelters and some of the park dinners.

#### **Free Laundry:**

**Laundry Love Santa Barbara**, organized & run by Magda Barnes, offers free wash and dry and laundry soap. 2 loads per person including sleeping bags & blankets, etc.

3 <sup>rd</sup> Sundays:	1:00 – 3:00	Laundryland located at the east corner of Milpas & Cannon Perdido
Last Tuesdays:	from 5p.m. to 7 p.m., last load 6 p.m	Mac's located at Haley & Anacapa.
Last Tuesdays:	5:30 p.m	Isla Vista Laundry; Embarcadero del Mar.

**Womens Clinic** – offers laundry service. See description of Women's clinic below.

\* Casa Esperanza, Santa Barbara Rescue Mission and Salvation Army Hospitality House can refer to Unity Shoppe and Catholic Charities.

## **BASIC NEEDS: WHERE CAN I GET...**

### **A PLACE TO SLEEP IN MY VEHICLE**

*Note: It is illegal to sleep in your vehicle on a public street in Santa Barbara.*

**New Beginnings Safe Parking Program:** Offers you a safe place to park your vehicle and sleep overnight legally. Must have current license, registration and insurance. Contact: Nancy Kapp 284-3463

### **HELP WITH MY TICKETS FOR CAMPING, ETC.**

Refer to the List of Legal Services attached.

Emily Allen, a local lawyer, has office hours at Casa Esperanza Homeless Center on Thursday mornings.

### **A COPY OF MY BIRTH CERTIFICATE OR A CALIFORNIA I.D.**

#### **Birth Certificates:**

**California:** In person: Hall of Records; 1100 Anacapa Street; Santa Barbara, CA 93101: Can also mail or fax application; see details on attachment. \$21

**Out of State:** Go to the birth State's website. Most will offer the use of VitalChek services, but you can avoid the VitalChek fees by applying directly to the state's Vital Records department (usually part of Department of Health and Human Services).

*Note: Catholic Charities provides a voucher to pay for all or part of the cost if you are homeless. Bring a letter from an agency certifying that you are homeless\**

#### **California I.D. –**

From the Department of Motor Vehicles. If you have had a California I.D. in the last few years you can get a new one with a thumbprint as proof of identification. If not, you will have to bring your birth certificate.

*Note: Catholic Charities provides a voucher to pay for all or part of the cost if you are homeless. Bring a letter from an agency certifying that you are homeless\**

### **No or Low Cost MEDICAL CARE, DENTAL CARE, PRESCRIPTIONS**

**Emergency:** 911 for medical crisis, or behavior that is a danger to self or others

**Healthcare for the Homeless Program:** entitles homeless men and women to free or low cost medical care at Santa Barbara County Health Clinics. Visit the excellent Public Health Department at <http://www.sbcphd.org/hch> for details that include the location of their clinics, their services and free transportation from downtown shelters. The healthcare centers include the County Healthcare Clinic, and the Santa Barbara Neighborhood Clinics, listed in the 211 leaflet.

**MIA:** The Medically Indigent Adult (MIA) program is for individuals who are uninsured and who are not eligible for other health care coverage. MIA helps people get medical care by paying for all or part of the cost. The Public Health Department MIA program provides funding for necessary health care for uninsured adults with serious medical conditions. For information about eligibility and how to apply visit: the Public Health Department website <http://www.sbcphd.org/hch>

**Santa Barbara Cottage Hospital Emergency Room:** for emergencies only

**Santa Barbara Street Medicine/Doctors Without Walls** brings medical and mental health care to the streets at three of outdoor dinners that are served in the parks. For schedule, see dinner sites in the "Food" section of this paper or visit <http://santabarbarastreetmedicine.org>

\* Casa Esperanza, S.B. Rescue Mission and Salvation Army Hospitality House can issue these referrals

## **BASIC NEEDS: WHERE CAN I GET...**

### **A TB Test**

*Note: The test needs to be read 48 to 72 hours later by someone trained in reading skin tests.*

**Santa Barbara Neighborhood Health Clinics** – free under Healthcare for the Homeless. Call for appointment or walk in and wait.

#### **Casa Esperanza**

See the Nurse: Monday 9-1; Tuesday 8-2; Wednesday 10-2; Thurs 1-2; Friday 9-noon

#### **Franklin Clinic at Santa Barbara Rescue:**

Tuesday and Thursday mornings: 8:30 – 10:30

**Santa Barbara County Clinic** – call for details

## **MENTAL HEALTH COUNSELING**

**C.A.R.E.S. clinic** – offers assessment and treatment for people with severe, persistent mental illness.

CARES is a part of the Santa Barbara County Department of Alcohol, Drug and Mental Health Services. 24 Hour Toll-Free Access Line (1- 888 -868-1649.) You can call to schedule an assessment see if you are eligible for services. You can also see a CARES representative at Casa Esperanza for Information and referrals.

**Adult Mental Health Services** 4444 Calle Real (1-888-868-1649). Also part of ADMHS. The Department is responsible for ensuring the provision of mental health services mandated by the State of California for children with serious emotional disturbance, adults with serious mental illness and all Medi-Cal beneficiaries with specialty mental health needs

**Santa Barbara Neighborhood Clinics** <http://www.sbclinics.com>

**Community Counseling and Education Center** <http://www.ccecsb.org>

923 Olive Street, Suite 1 Santa Barbara, CA 93101 phone: (805) 962-3363

**New Beginnings Counseling Center** <http://www.newbeginningscounselingcenter.org>

(805) 963-7777 324 East Carrillo Street, Suite C Santa Barbara, CA

**Domestic Violence Solutions** if you are a victim of domestic violence: 964-5245

**Rape Crisis Hotline** if you are a victim of domestic violence: 564-3696

## **FOOD STAMPS (CALLED CAL-FRESH IN CALIFORNIA)**

If you are homeless you can get CalFresh even if you do not have an address, a place to stay or a place to cook meals. You can apply in person at , in the mail or by phone, or online at [www.mycalfresh.org](http://www.mycalfresh.org)

To obtain Food Stamps you need photo Identification and a social security number.

To find out if you qualify call: 1.877.847.3663. Website: [www.myfoodstamps.org](http://www.myfoodstamps.org)

## **BASIC NEEDS: WHERE CAN I GET...**

### **GENERAL RELIEF**

The county funded General Relief program offers short-term assistance to adults without children who need assistance with meeting their most basic shelter and personal needs. Apply at: **Santa Barbara Social Services** 234 Camino Del Remedio, Santa Barbara, CA 93110. (805) 681-4401. Bring ID, SS#, and proof of income or disability.

### **BUS TOKENS**

**Santa Barbara MTD:** <http://www.sbmtd.gov/fares-and-passes/index.html>

Offers 10-ride bus passes and monthly bus passes, and discount passes for youth, seniors, Mobility Passes for disabled persons and Medicare card holders. If you have a Mobility pass, a one-way bus ride is 85 cents instead of \$1.75; and a month's unlimited pass is \$20.00. Identification and proof of disability are required.

**Casa Esperanza:** Resource coaches and social workers often have bus tokens.

### **BUS RIDES HOME OR ELSEWHERE**

**Casa Esperanza** Casa Esperanza can assist you to return home or go to another place under certain conditions. Call 884-8481 for details.

### **SPECIAL WOMEN'S CLINIC**

In addition to services you can receive at the health resource centers listed above, you can come get pampered a little at **Santa Barbara Street Medicine/Doctors Without Walls Womens Clinic** at Transition House. They offer medical care, gynecological services, podiatry, [health education](#), counseling, lunch, showers, laundry, & companionship.

The clinic takes place during the second and fourth Friday of every month from 10a.m. to 2p.m. at Transition House. Free roundtrip transportation is provided from various locations including Alameda Park, and State Street. <http://santabarbarastreetmedicine.org/clinics/womens-clinic>

### **REFERRALS/ADVOCACY**

**Advocates at each of these places can help connect you with the help you need:**

**211 Helpline** – dial 211 from a phone for referrals to services throughout the county

**California Rural Legal Assistance** (805) 963-5981

**Casa Esperanza Homeless Center:** (805) 884-8481

**Families ACT!** – for dually diagnosed people and their families: (805) 637-1330 [www.FamiliesACT.org](http://www.FamiliesACT.org)

**Independent Living Resource Center** (people with disabilities): 963-0595 <http://www.ilrc-trico.org>

**Legal Aid** – 805 963-6751

**Public Health Nurses with Healthcare for the Homeless:** Have hours at local shelters and parks.

**St. Brigid Fellowship (for Isla Vista and Goleta):** 968-8028

**Santa Barbara Rescue Mission:** 966-1316 x111

**Santa Barbara Street Medicine/Doctors Without Walls**

**New Beginnings Safe Parking** (for people living in their vehicles): 284-3463

**Restorative Policing:** Contact Officer Hove or Officer Burleigh 331-6453 [cburleigh@sbpd.com](mailto:cburleigh@sbpd.com)

**WillBridge Peer Street Outreach Team:** <http://willbridgeofsantabarbarainc.org/home.html>

**Worth Street Reach:** [www.worthstreetreach.com](http://www.worthstreetreach.com)

## BASIC NEEDS: WHERE CAN I GET...

### HOUSING

**Transitional Housing** is a step between the streets and permanent housing. This list is not exhaustive but will give you an idea of the type of options.

**Transition House** - offers temporary housing for families while they save money for permanent housing.

**Salvation Army Hospitality House** – Offers temporary housing for veterans, work-seeking or working men and women, mental health clients. Requires sobriety.

**WillBridge** – housing for one night to six months. Takes referrals from partner agencies.

**Hotel de Riviera** – housing for dually diagnosed people (mental illness with a chemical dependency.) Requires sobriety.

**St. Vincents Family Strengthening Program** – for women and children with a limited income.

**Sarah House** - provides end-of-life care for low income individuals regardless of their ability to pay. Also houses patients with AIDS.

**Domestic Violence Solutions** – for women and children who are victims of domestic violence

### **Permanent Housing:**

The first step to permanent housing is to complete applications with the following agencies:

Santa Barbara County Housing Authority <http://www.hasbarco.org>

Santa Barbara City Housing Authority [www.hacsb.org](http://www.hacsb.org)

Peoples Self Help Housing [www.pshhc.org](http://www.pshhc.org)

*Note: The applications are available online and can be printed out. Or you can go in person to complete the application there. Addresses attached.*

The second step, or a concurrent one, is to apply for a Section 8 housing voucher.

The Section 8 Housing Choice Voucher Program allows low-income households (voucher holders) to pay approximately one-third of their income in rent and utilities to participating housing providers. The remainder of the rent is paid through federal subsidies to the housing providers by HACSB. The waiting list is quite long but chronically homeless individuals may be given priority in certain circumstances. Section 8 Housing Program Inquiries Veronica Loza, [vloza@hacsb.org](mailto:vloza@hacsb.org)

## **BASIC NEEDS: WHERE CAN I GET...**

### **Veterans Services and Benefits**

**VA Community-Based Outpatient Clinic**  
Health care, mental health care  
Monday – Friday 8:00 a.m. – 4:30 p.m.

**Phone:**(805) 683-1491  
4440 Calle Real  
Santa Barbara, CA 93110

**Santa Barbara County Veterans Service Office**  
(help with all types of paperwork and referrals. Call first for appointment.)  
Robert Langley, VA Service Representative  
315 Camino Del Remedio, Santa Barbara, CA 93110 805.681.4500

**Veterans Administration Los Angeles Healthcare System**  
Domenic DeLillio, SST, Outreach Worker  
(310) 478-3711 or Domenic.DeLillio@va.gov

### **SOCIAL SECURITY / SSDI / SSI**

[www.ssa.gov](http://www.ssa.gov)

Call the local Social Security Office to see if you are eligible to receive Social Security disability benefits if you are disabled, and to see about receiving your social security if you are 65 or older; in some cases you can receive early retirement benefits at age 62.

Supplemental Security Income: SSI makes monthly payments to people who have low income and few resources and are: Age 65 or older; Blind; or Disabled.

*Note: You can apply in person at the local office, online, or by a telephone appointment. If you would like help in applying, contact Casa Esperanza; if you are a patient of the CARES clinic, they will also assist you.*

Eventually you will need proof of your Identity, but you can start your application before you have the documents listed here:

The ID must be current (not expired) and show your name, identifying information (date of birth or age) and preferably a recent photograph. For example, as proof of identity Social Security must see your:

- U.S. driver's license;
- State-issued nondriver identification card; or
- U.S. passport.

If you do not have one of these specific documents or you cannot get a replacement for one of them within 10 days, we will ask to see other documents, including:

- Employee ID card;
- School ID card;
- Health insurance card (not a Medicare card); or
- U.S. military ID card.