



# PARTICIPANT ASTHMA INFORMATION FORM



**Parks & Recreation Department**  
Adapted Programs  
620 Laguna Street  
Santa Barbara, CA 93101  
(805) 564-5421  
[www.sbparcsandrecreation.com](http://www.sbparcsandrecreation.com)

Participant \_\_\_\_\_

Date \_\_\_\_\_

The registration information submitted for the above participant indicated the participant has asthma. We would appreciate your cooperation in answering the following questions to better understand if there are any medical needs. It is the responsibility of the participant or, for minors and dependent adults, their custodial parent or legal guardian to disclose all relevant information regarding the participant's health and special needs.

Please check all known asthma triggers that apply and the severity of the asthmatic reaction.

Trigger	Severity of Reaction
<input type="checkbox"/> Cold Air	<input type="checkbox"/> Mild <input type="checkbox"/> Moderate <input type="checkbox"/> Severe
<input type="checkbox"/> Dust	<input type="checkbox"/> Mild <input type="checkbox"/> Moderate <input type="checkbox"/> Severe
<input type="checkbox"/> Exercise	<input type="checkbox"/> Mild <input type="checkbox"/> Moderate <input type="checkbox"/> Severe
<input type="checkbox"/> Foods – list:	<input type="checkbox"/> Mild <input type="checkbox"/> Moderate <input type="checkbox"/> Severe
<input type="checkbox"/> Grass	<input type="checkbox"/> Mild <input type="checkbox"/> Moderate <input type="checkbox"/> Severe
<input type="checkbox"/> Mold	<input type="checkbox"/> Mild <input type="checkbox"/> Moderate <input type="checkbox"/> Severe
<input type="checkbox"/> Pollen	<input type="checkbox"/> Mild <input type="checkbox"/> Moderate <input type="checkbox"/> Severe
<input type="checkbox"/> Other – list:	<input type="checkbox"/> Mild <input type="checkbox"/> Moderate <input type="checkbox"/> Severe
	<input type="checkbox"/> Mild <input type="checkbox"/> Moderate <input type="checkbox"/> Severe
	<input type="checkbox"/> Mild <input type="checkbox"/> Moderate <input type="checkbox"/> Severe

What first aid is usually administered?

- Inhaler
- Nebulizer treatment
- Peak flow meter
- Other \_\_\_\_\_

Will participant carry the above medication to the program daily?  Yes  No

Can participant identify when to use the medication?  Yes  No

Can participant self administer the medication if necessary?  Yes  No

The location of participant's medication is \_\_\_\_\_

State law prevents City staff from administering or assisting in the administration of medication. Administration of medication is the responsibility of the participant or, for minors and dependent adults, their custodial parent or legal guardian. If the participant can administer the medication without assist or reminders, they will be allowed to do so. If not, arrangements must be made with program staff to have someone come to the program to administer the medication.

**Signature of participant OR, for minors and dependent adults, the custodial parent or legal guardian:**

✓ Signature \_\_\_\_\_ Print Full Name \_\_\_\_\_ Date \_\_\_\_\_