



## Facility Use Guidelines

- All facility and program users must abide by the Code of Conduct.
- Children over 3 years of age are not permitted in the locker room of the opposite gender.
- Children under 6 years of age must accompanied by a responsible person 18 years or older.
- No children are allowed in the pool during adult lap swim hours.
- Bathing suits required for pool use. No street clothing or cut-offs.
- We are not responsible for stolen articles.
- No loitering in the locker rooms, pool area, or lobby.
- A shower is encouraged prior to entering the pool area.
- Showers must be limited to a maximum of 10 minutes.
- Office is for staff use only.
- Training equipment should be returned to storage boxes after use.
- Problems or maintenance issues should be reported to staff immediately; do not attempt to fix.
- Pool announcements will be posted on bulletin boards in locker rooms.
- No hypoxic training or breath holding exercises allowed.
- The following are prohibited:
  - Possession of knives, weapons or guns.
  - Use of alcohol, narcotics or smoking.
  - Persons under the influence of alcohol or narcotics.
  - Animals or glass bottles—plastic bottles with sports fluid are permitted.
  - Eating, chewing gum or food.
  - Bicycles.
  - Loud radios—walkman-type radios only.

