

# Does Your Car “Fit” You?

## FREE Carfit Event for Mature Drivers

### What is Carfit?

- ✓ CarFit is based on a 12-point checklist.
- ✓ Provides One-on-One help with a trained CarFit Technician.
- ✓ Provides safety information and resources for mature drivers.

### The goals of Carfit:

- ✓ Help mature drivers improve the “fit” of their vehicles for safety and comfort.
- ✓ Promote conversations among older drivers and families about safe driving and mobility.
- ✓ Link adults with local resources that can help ensure they drive as long as safely possible.

**Saturday, February 27**  
9:00 AM - 1:00 PM

**Louise Lowry Davis Center**  
1232 De La Vina St.  
Santa Barbara, CA 93101

**APPOINTMENTS ARE REQUIRED**

For an appointment contact  
Monica Pelaez at:  
(714) 885-2300

✦ **FREE take home resources & goody bags for attendees**



Helping Mature Drivers Find Their Safest Fit

**AOTA** The American Occupational Therapy Association, Inc.



**DRIVER SAFETY**  
AARP Real Possibilities

