



Neighborhood and Outreach Services
Healthy Options for Teens (H.O.T) Presents

Chef Apprentice Program

The City of Santa Barbara Parks and Recreation Department, Neighborhood and Outreach Services is offering a **FREE** Chef Apprentice Program. The program is geared to teens interested in receiving a peek into the life of a chef. As an apprentice of NOS, job opportunities are available in the summer in other areas of job placement.

Tuesdays at Westside Neighborhood Community Center, 423 W. Victoria St

February 2 to April 26, 2016
4:15pm-7:00pm

Each class will prepare a full menu to be taken home



Presentations & Field Trips include:

- Nutrition and dietary planning
- Practical and basic skills for food preparation
- Create meals with meat, seafood, veggie and fruit
- Bread, Cake making and decorating
- Canning fruits and vegetables
- Tour a Princess Cruise ship
- Cater a professional fundraising event

**Turn in Applications to Chef Don Hardin
or Jessica Martinez at the Westside Center.**



For more information contact:

Anita Dominocielo-Ho cell number 451-2928 or AHo@santabarbaraca.gov
Program is funded by The Santa Barbara Parks and Recreation Department and
**Adelle Davis Foundation, Bragg Health Institute, The Berry Man
FoodBank of Santa Barbara County**

Special Thanks to Jolly Brothers Catering

CITY OF SANTA BARBARA
Parks & Recreation
Enriching People's Lives

www.sbarksandrecreation.com (805) 564-5418



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Presents

Chef Apprentice Program

Application

Name _____ Grade _____

School _____ e-mail address _____

Address _____ City _____ Zip _____

Phone (cell) _____ Home _____

___ I can commit to **TUESDAYS** from **4:15pm-7:00pm** at the **Westside** Neighborhood Community Center, 423 W. Victoria St

___ I have a cell phone that receives and sends text messages

___ I work on the weekends. If so, which day _____

___ I will be in town to attend a class during Spring Break (March 28-April 1)

Why are you interested in attending this Culinary Arts Program?

Applications can be faxed to: (805) 963-7569