

# C's 2012 Santa Barbara Junior Lifeguards

| MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY  |
|--|---|--|---|---|
| <b>June 25</b><br>Introductions<br>Safe Water Entries<br>Swimming Evaluation | <b>June 26</b>  | <b>June 27</b><br>Uniforms Distributed<br>Intro to Surf Swimming<br>and Buoy | <b>June 28</b><br>Intro to Paddleboards<br>Training Day | <b>June 29</b><br>Picture Day<br>Picture Orders Due                               |
| <b>July 2</b><br>Time Trials   | <b>July 3</b><br>Long Swim and<br>Short Run   | <b>July 4</b><br>NO JUNIOR GUARDS<br>HOLIDAY                                 | <b>July 5</b><br>Relay Practice                         | <b>July 6</b>   |
| <b>July 9</b>  | <b>July 10</b><br>Training Day<br>Movie Night # 1   | <b>July 11</b><br>Boat Trip # 1  | <b>July 12</b><br>Relay Practice                        | <b>July 13</b><br>Carpinteria Competition<br>9:00am – 2:00pm                      |
| <b>July 16</b><br>Intro to Tower<br>Operations                               | <b>July 17</b><br>A & C Bonding Day   | <b>July 18</b><br>Training Day<br>Boat Trip # 2                              | <b>July 19</b><br>Relay Day                             | <b>July 20</b><br>Butterfly Biathlon  |
| <b>July 23</b><br>Training Day   | <b>July 24</b><br>C's Annual Sandwich<br>Contest<br>Movie Night # 2 @<br>Bathhouse (upstairs) | <b>July 25</b><br>Game Day<br>Taffy's Pizza Fundraiser<br>11am-9pm           | <b>July 26</b><br>Fun Training Day                      | <b>July 27</b><br>Regionals (at Newport<br>Beach)                                 |
| <b>July 30</b>   | <b>July 31</b><br>Stud Ironman<br>Followed by<br>Kick Back Day                                | <b>August 1</b><br>Post Stud Ironman Day                                     | <b>August 2</b>   | <b>August 3</b><br>Fiesta Competition<br>At East Beach<br>9:00am – 2:00pm         |
| <b>August 6</b><br>Rincon Surf Day   | <b>August 7</b><br>Pier Run Challenge   | <b>August 8</b><br>Thank You Day   | <b>August 9</b><br>Pier Swim Challenge                  | <b>August 10</b><br>Last Day of JG's<br>Final Banquet at Chase<br>Palm Park 5-7pm |

\*\*please visit our website at: [www.sbarksandrecreation.com/summerfun](http://www.sbarksandrecreation.com/summerfun)