

# Haley Street Youth and Family Center Santa Barbara Family YMCA Annual Report June 1, 2016- May 31, 2017

## MISSION

The Santa Barbara Family YMCA has been serving the city of Santa Barbara for 127 years. In 2014, the YMCA took over a building on Haley Street to serve the residents on the east side of Santa Barbara. Our mission is for youth development, promoting good health, academic success and social responsibility for the community.

## IMPACT

Currently, we are serving 121 individual residences of Santa Barbara, and we have an average of 30 people a day. The 132 individuals are broken down to 26 individual adults, 4 individual youth memberships and 101 family memberships. Haley Street membership is 99% from the City of Santa Barbara. As we get more established in the community, we are experiencing more residents wanting to volunteer and help with the Family Center. We also have had over 35 volunteers in the past three years.

## PROGRAMS

Group exercise classes have been expanding at the Center. Lately, these classes have become popular and have 10 to 20 residents in a class. We are in the process of adding more classes, as the need arises. Below is a list of the current classes that we have offered or are offering.

<ul style="list-style-type: none"> <li>• Run Circuit</li> <li>• Bootcamp</li> <li>• Upper Body Blast</li> <li>• Cycling</li> <li>• Cycling &amp; Power Abs</li> <li>• Zumba</li> </ul>	<ul style="list-style-type: none"> <li>• Latin Dance</li> <li>• Pilates</li> <li>• Yoga</li> <li>• Circuit Training</li> <li>• Small Group Training</li> </ul>
--	--

Youth development has been a major thrust for us the past three years. We are committed to provide a safe place for the youth of Santa Barbara. Below are the programs that we have implemented.

- Homework Help – The YMCA has put in a computer lab with the help of Cox Communication. We have a designated area for helping students with homework and they have access to the computers.
- Digital Arts Leaders Club – This club focuses on the development of digital arts and animation.
- Supper Program – We have partnered with The Mobile Café Project through the Santa Barbara School Districts nutrition services department. This program provides dinners for kids in the community.
- Get Up Get Out – Haley Street puts on field trips in the community to get the kids outside and into Santa Barbara.
- Teen Fitness Certification Class – The YMCA is committed in healthy living, and we spend time certifying the youth to utilize the equipment.
- Writer’s Workshop – “Know Yourself, Express Yourself, Create Yourself” – Youth have the ability to explore their artistic side and this is done all by utilizing poetry.

**Collaborations**

As we become more established in the community, we have learned that collaborations are essential in the success of the center. Below is the current list of organizations that we collaborate with.

<ul style="list-style-type: none"> <li>• Cox Communications</li> <li>• Computers 2 SD Kids</li> <li>• Santa Barbara School District</li> <li>• La Cuesta</li> </ul>	<ul style="list-style-type: none"> <li>• Bici Centro</li> <li>• Santa Barbara Art Alliance/ Parks and Recreation Department</li> <li>• Santa Barbara Junior High</li> <li>• Teen Fitness Radio</li> </ul>
---	---

**Grants**

We received a \$4,500 grant from the City of Santa Barbara, Parks and Recreation Department’s Neighborhood Enhancement Program to create and paint a mural on the back wall of the Center. The project is slated for completion in August 2017.

**Summary**

The Santa Barbara YMCA is committed in serving the east side with the utilization of the Haley Street Center. We have made significant impact and plan on expanding even further. Our summer plans includes providing an opportunity to help youth stay off the streets during their break. We will be providing a low cost opportunity for the youth to be in a camp environment. We will also be expanding our role in the community, utilizing more partnerships.