

We've Got Some New Moves for You!

ATTACHMENT 1

NEW Fitness & Dance Classes Begin January 2012 at the Carrillo Recreation Center

NEW Dance & Fitness Classes for Adults Beginning January 2012

Zumba with Josette

Mon 5:45-6:45pm*; Tu 5:30-6:30pm;
Wed 7-8pm; Thurs 5:30-6:30pm*;
Fri 5:30-6:30pm*; Sat 11am-12noon
(*space limited)

Ballroom w/ Nigel Clarke

Beg/Interm: Mon 7:30-8:30pm
Interm/Adv: Mon 6:30-7:30pm

BodyCombat w/ Kat Morris

Mon & Wed 4:30-5:30pm

FREE CLASS, Wed Jan. 4

Session starts 1/9

Noon FlowFitness w/ Kat Morris

Tues & Thurs 12:05-12:55pm

FREE CLASS, Tues Jan. 3

Session starts 1/5

Weekend Warrior BeyondFit

Bootcamp w/ Kat Morris

Sat 7:30-8:30am

FREE CLASS, Sat Jan. 7

Session starts 1/14

Tai Chi Easy w/ Jessica Kolbe

Wed 10-11am

FREE CLASS, Wed Jan. 4

Session starts 1/11

Qigong for Balance & Toning w/ Jessica Kolbe

Mon 10-11am

FREE CLASS, Mon Jan. 9

Session starts 1/16

Power Vinyassa Flow Yoga w/Rachel Simone Wilkins

Mon & Wed 6:30-7:30pm

FREE CLASS, Wed Jan. 4

Session starts 1/9

Join certified Zumba instructor Josette Roozen-Tkacik for one of the hottest classes in town...offered six days a week at the Carrillo Recreation Center.



And so much more!!

- Ballroom •Salsa •Tango
- Country Line Dance
- Country Two Step
- Ballet •Hula •Tahitian
- Belly Dance •Martial Arts
- Jazzercise •Swing Dance

Check the Parks & Recreation Activity Guide or visit our website. Register online or at the first class.

CITY OF SANTA BARBARA
**Parks
&
Recreation**
Enriching People's Lives



ATTACHMENT 2

Carrillo Recreation Center rental revenue (1/1/04 to 12/31/12 as of 1/12/12)

