



**Neighborhood and Outreach Services**  
Healthy Options for Teens (H.O.T) Presents

## **Chef Apprentice Program**

The City of Santa Barbara Parks and Recreation Department, Neighborhood and Outreach Services is offering a **FREE** Chef Apprentice Program. The program is geared to teens interested in receiving a peek into the life of a chef. As an apprentice of NOS, job opportunities are available in the summer in other areas of job placement.

**Tuesdays** at Westside Neighborhood Community Center, 423 W. Victoria St

**February 2 to April 26, 2016**  
**4:15pm-7:00pm**

Each class will prepare a full menu to be taken home



### **Presentations & Field Trips include:**

- Nutrition and dietary planning
- Practical and basic skills for food preparation
- Create meals with meat, seafood, veggie and fruit
- Bread, Cake making and decorating
- Canning fruits and vegetables
- Tour a Princess Cruise ship
- Cater a professional fundraising event

**Turn in Applications to Chef Don Hardin  
or Jessica Martinez at the Westside Center.**



For more information contact:  
Anita Dominocielo-Ho cell number 451-2928 or AHo@santabarbaraca.gov  
Program is funded by The Santa Barbara Parks and Recreation Department and  
**Adelle Davis Foundation, Bragg Health Institute, The Berry Man  
FoodBank of Santa Barbara County**

**Special Thanks to Jolly Brothers Catering**

CITY OF SANTA BARBARA  
**Parks & Recreation**  
*Enriching People's Lives*

[www.sbarksandrecreation.com](http://www.sbarksandrecreation.com) (805) 564-5418



Neighborhood and Outreach Services  
Healthy Options for Teens (H.O.T)  
Presents

## Chef Apprentice Program

### Application

Name \_\_\_\_\_ Grade \_\_\_\_\_

School \_\_\_\_\_ e-mail address \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Phone (cell) \_\_\_\_\_ Home \_\_\_\_\_

\_\_\_ I can commit to **TUESDAYS** from **4:15pm-7:00pm** at the **Westside** Neighborhood Community Center, 423 W. Victoria St

\_\_\_ I have a cell phone that receives and sends text messages

\_\_\_ I work on the weekends. If so, which day \_\_\_\_\_

\_\_\_ I will be in town to attend a class during Spring Break (March 28-April 1)

**Why are you interested in attending this Culinary Arts Program?**

---

---

---

**Applications can be faxed to: (805) 963-7569**