



## ***Santa Barbara Fiesta Meet Rules of Events***

### **Beach Flags**

- When laying down, competitor's fingers must be overlapping and their heels must be touching.
- Competitors must be no closer than elbow to elbow
- The start of the heat will begin with the call of "heads down" and the blow of a whistle.
- Any motion after "heads down" and before the whistle will first give a warning to that particular field. Any false starts thereafter, in that round will result in a disqualification (DQ).
- Any action (grabbing, pushing, and shoving) that impedes the progress of another competitor will result in a DQ.
- Competitors must hold on to their flag for at least 3 seconds.
- Competitors must run for the flag directly in front of them or the one to the left or right. Crossing more than two lanes will result in a DQ.
- If a competitor is fouled and does not get a flag, they will be allowed to reenter the competition.
- The top 8 competitors will draw sticks for position on the line.

### **Run Relay**

- Competitor's feet must be behind the line at the start.
- If a competitor knocks over a cone, the same competitor must stand it back up.
- Each competitor must touch the cone; left shoulder will result in a DQ.
- Going around another team's cone will result in a DQ.
- The last runner for each team must wear a shirt – all others must go shirtless.
- Competitors may not dive across the finish line.
- In case of a tie for first place, the teams will re-race to determine the winner. In ties for other places the teams will combine and split the points.

### **Paddle Relay**

- Two lines drawn in the sand will designate the handoff zone. The nose of the paddleboard must cross the line closest to the water before the next competitor may cross the line to complete the handoff.
- The last competitor must cross the line with the board to complete the race.



## All Paddle Events

- Competitors may not stand up on the board at any point in the race.
- In case of a tie for first place, the teams will re-race to determine the winner. In ties for other places the teams will combine and split the points.
- Board Specifications: A Group – 10'6" hard board, B Group - 10', and C Group - 9' soft boards.

## All events

- **All competitors are expected to compete with good sportsmanship. The cutting of any course or fouling of any other competitors will result in a DQ.**

*The starter/head judge for the division will make all rule interpretations. Any instructor who has questions regarding a call must contact the starter/head judge immediately. Before the start of each event, one instructor from each agency will meet with the starter to clarify rules, course and address any concerns.*