





# Camp RAD!



## Session 4

2011

August 1 - 5, 2011

Monday	Tuesday	Wednesday	Thursday	Friday
<p>9:00 Welcome to Camp!</p> <p>9:10 Meet your counselors &amp; go over rules</p> <p>9:45 Swim Assessment At Los Banos pool</p> <p>10:30 Bowling at <b>Zodo's!</b> (Optional: bring a few dollars for arcade?)</p> <p>11:15 Drive back to Cabrillo Bathhouse for lunch on the beach!</p> <p>12:15 Intro to <b>Archery</b> at Cabrillo Ball Field</p>  <p>2:00 Beach games!</p> <p>4:00 Pick up at <b>East Beach Bathhouse</b></p>	<p>9:00 Good Morning! Start off the day with some beach games</p> <p>10:30 Drive to Ventura!</p> <p>11:00 Lunch</p> <p>11:30 Free Swim at <b>Ventura Aquatics Center!</b></p> <p>1pm Snack time!</p>  <p>1:15 Scale the climbing wall at <b>Vertical Heaven Climbing Gym!</b> *remember your liability waiver!*</p> <p>4:00 Pick up at <b>East Beach Bathhouse</b></p>	<p>9:00 Good Morning!</p> <p>9:30 Intro to <b>Outrigger</b> with <b>Ka Nai'a Outrigger Canoe Club!</b> *don't forget your liability waiver!*</p> <p>11:30 Lunch on the beach</p> <p>12:30 <math>\frac{1}{2}</math> of the group to: Intro to <b>Kiteboarding!</b></p> <p><math>\frac{1}{2}</math> of the group to: Intro to <b>Stand-Up Paddling!</b> (both activities at the intersection of Calle Cesar Chavez &amp; Cabrillo Blvd, on beach) <b>Then switch!!</b></p> <p>2:00 Beach games</p> <p>4:00 Pick up at <b>Bathhouse</b></p>	<p>9:00 Good Morning! Quick beach game to start the day, then...</p>  <p>10:00 Drive down to Newbury Park's <b>MB2 Raceway!</b> *don't forget your liability waiver!*</p> <p>11:00 Race cars! (Optional: bring a few dollars for the arcade?)</p> <p>12:45 Lunch</p> <p>1:15 Drive to Carpinteria State Beach for some Beach fun!</p> <p>4:00 Pick up at <b>East Beach Bathhouse</b></p>	<p>9:00 Good Morning!</p> <p>9:15 Drive down to <b>Rincon</b> For a fun-filled day of surf, sun, boogie boarding and fun!</p>  <p>12:00 Lunchtime!</p> <p>3:15 Drive back to the Bathhouse for pick-up (4pm) and goodbyes!</p>

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