



## Adult Sports

### Jeff Smith

Sports Supervisor

Sports Office located in:

CABRILLO BATHHOUSE  
1118 E. Cabrillo Blvd.  
Ph: (805) 897-1944  
Fax: (805) 897-2605  
[jesmith@santabarbaraca.gov](mailto:jesmith@santabarbaraca.gov)



## **SPRING VOLLEYBALL LEAGUE (SBCC gym)**

6-on-6 indoor volleyball

Games played Tuesday nights 7pm – 10pm @ SB City College

Spring Season: February 15 thru end of April (7 regular season games plus single elimination playoffs)

**Register your team on or before Friday, January 28, 2011**

Team fee is \$310

Divisions: Coed A, B or C; Women's open

**Individual players** – please visit the Sports Office and complete a registration form and pay the individual fee of \$52. A team will be created and you will be placed on a team with other individual players.

Submit a team roster form (attached below) with team fees to the Sports Office located at 1118 East Cabrillo Blvd. (include a team name and division). Sports Office hours are Monday–Friday 8am–5pm

You may fax (805) 897-2605 or email your team roster and pay over the phone with a VISA or MASTERCARD

If you have any questions please call Jeff Smith @ 805-897-1944 or email [jesmith@santabarbaraca.gov](mailto:jesmith@santabarbaraca.gov)

## **SUMMER BEACH VOLLEYBALL LEAGUE**

### **Coed & Women's Divisions**

4-on-4 beach volleyball league

Games played Tuesday nights 5:30pm – 8pm @ East Beach Courts

Summer Season: June thru August

### **Register your team before Friday, May 28, 2011**

Team fee is \$200 (no referees). Minimum 4 players – maximum 8 players on roster.

Divisions: Women's open or Coed A, B or C

Submit a team roster form (attached below) with team fees to the Sports Office located at 1118 East Cabrillo Blvd. (include a team name and division). Sports Office hours are Monday–Friday 8am–5pm

You may fax (805) 897-2605 or email your team roster and pay over the phone with a VISA or MASTERCARD

If you have any questions please call Jeff Smith @ 805-897-1944 or email [jesmith@santabarbaraca.gov](mailto:jesmith@santabarbaraca.gov)

## **FALL VOLLEYBALL LEAGUE (SBCC gym)**

Register your team during the month of August 2011

Team fee is \$310

Fall Season: September thru November

## ADULT INDOOR-VOLLEYBALL LEAGUE

### GENERAL RULES AND REGULATIONS

*Revised February 11, 2011*

1. The number of players on each side of the court is six (3 men and 3 women).
2. Teams may begin and play the match with four or five players. The following are the combinations that can be used  
\* 3 men and 2 women                      \* 3 women and 2 men                      \* 2 men and 2 women
3. A forfeit will be called in game 1 when the referee calls for the game to begin and team A or B has less than 2 players of the same gender.
4. ROSTER REGULATIONS
  - A. Teams are required to have a minimum of 7 players and maximum of 13 players listed on the team roster. A player can only play for 1 team regardless if the 2<sup>nd</sup> team is in another division.
5. PROCEDURES TO ADD OR DROP PLAYERS
  - A. Team Managers will be allowed to add to their team's roster up to the team's 5<sup>th</sup> game of the season. After the 5<sup>th</sup> game rosters are set through the remainder of the season and playoffs! Team managers may email the Sports Office @ [jessmith@santabarbaraca.gov](mailto:jessmith@santabarbaraca.gov) with name, phone number, and email address of the person to be added. The name will be added to or dropped from the roster AFTER review and approval by the Sports Office staff.
6. TO BE A LEGAL PLAYER
  - A. The team manager must place the player's name on the roster at registration or request that player be added by the Sports Office.
  - B. All players must be 18 years of age or over.
  - C. Players may not play under assumed names.
  - D. All players must sign the sign-in sheet BEFORE PLAYING in each match.
  - E. Male players may play on one coed team and one men's team only. Female players may play on one coed team and a women or men's team. Players cannot play on two Coed teams.
7. FORMAT – 1 HOUR (**RALLY SCORING**)
  - A. A match will consist of best of 3 games.

- B. The team that wins 2 of 3 games will receive a win. The other team receives a loss.
- C. Games 1 & 2 are played to **25 points**. Winning team **MUST WIN BY TWO (2) POINTS**.
- D. Game 3 will be played to 15 points if time permits. A time limit will be set for the 3<sup>rd</sup> game to end on the hour. If time ends, team ahead by one OR MORE points wins game!
- E. One time out is allowed per game.

8. **STARTING THE GAME AND FORFEITURES:**

- A. The referee shall be at the court 5 minutes prior to the start of the match to get players to sign-in.
- B. Warm-up: Referee will time a 3-minute shared hitting before starting the match.
- C. Prior to the scheduled starting time, the referee shall perform the coin toss.
- D. At the scheduled starting time, the referee shall call for the first game of the match. If, for any reason, a team is reduced to less than a legal team as specified in Rule #1, the game will be awarded to the legal team. In the event neither team has a legal team at the conclusion of the game, each team will receive a loss for that game.
- E. The referee shall call the first game of the match to start at the scheduled time. If the preceding match extends past the scheduled time for the next match, the referee shall call for the start of the first game 3 minutes after the conclusion of the preceding match.

9. **SUBSTITUTIONS:**

- A. All divisions will be allowed unlimited substitution into specific positions. However, two men may not be adjacent to each other in the serving order (Coed).

- 10. If a player is thrown out of the game for misconduct, said player shall be suspended for the remainder of that match. If the player is thrown out for swearing at an official, physical contact or physical threats, said player(s) will be automatically be suspended for the next match. The Sports Office will review all suspensions.
- 11. When the Referee indicates readiness to play by blowing his/her whistle, the server has 5 seconds to initiate the serve. Penalty: side-out.
- 12. Hitting objects above the court: City College, Santa Barbara High School ceiling is a live ball. A ball other than the serve may still be in play by the offending team according to the rules as though the ball had not touched this obstruction. However, no such rebounding ball may legally fall to the opponent's court. The ball shall be dead when it crosses the boundary line of another court.
- 13. No player may enter an adjacent court (before, during, between or after games). Loss of point.
- 14. **OFFICIAL'S RULING WILL BE FINAL!** No protest will be allowed. Only the floor Captain shall take part in any discussions pertinent to play. Penalty if anyone other than the Captains takes part in discussions with the Referee: a warning for the first time, second is delay of the game. Officials are responsible for the conduct of the game and will remove any player who displays action contrary to the game. Any player using profane language, under the influence of intoxicating beverages or narcotics, shall not be permitted on the court and will be suspended from further play.
- 15. Managers are responsible for informing the Recreation/Sports Office of league problems, including misinterpretation of the rules on the part of the Referee.
- 16. Any player damaging or abusing the facility will be suspended from the league.
- 17. No one is to enter rooms other than those normally used during Volleyball League matches.

18. All teams are responsible to have an active manager (including an alternate Manager or Coach) and roster listed with the Recreation Department and all notification to Managers by mail will be considered legal notifications. No postponements will be allowed. However, teams wishing postponements must submit a request for consideration in writing two (2) weeks prior to the match to be postponed.

19. RULE CHANGES:

- A. Ball can be played by any body part.
- B. Double-contact OK on all first plays, including serve.
- C. RALLY SCORING

20. COED RULES VARIATIONS

- A. Two (2) men may not be adjacent to each other in the serving or playing order unless a team is playing with 5 players (3 men and 2 women).
- B. Serving order and positions on the court at service shall be male and female alternated or visa-versa.
- C. When a team plays the ball more than once, at least one of the contacts shall be made by a female player. Contact of the ball during blocking shall not constitute playing the ball.
- D. When only one male player is in the front row at service, one male back row player may be forward of the attack line for the purpose of blocking.

21. Regular season consists of 7 games. All teams make the playoffs. Teams are seeded according to their regular season record. Teams tied after regular season games – tie is broken by head to head matches.