

# Free Classes All Week!

**JOIN US** at the Carrillo Recreation Center **OPEN HOUSE**  
Monday-Saturday, **SEPTEMBER 12-17**

- There is no fee to attend any of the classes listed here during the week of September 12-17.
  - All classes are held at the downtown Carrillo Recreation Center, 100 E. Carrillo Street.
  - Love the class? Sign up for the new sessions beginning the following week.
  - Space is limited—please arrive early.

## OPENING NIGHT INSTRUCTOR EXHIBITION & RAFFLE

Monday, September 12, 5:30-6:15pm in the Carrillo Ballroom

Don't miss exciting performances by some of our renowned, prize-winning dance instructors!

Stick Around! Immediately following the performances, we will raffle off a prize package worth over \$500 of select classes! Must be present to win!

### ADULT CLASSES

#### Monday, September 12

Ballet – Beg.	5:30-7pm
Ballroom Dance w/Nigel Clarke	6:30-7:30pm
Zumba (limited space)	6:30-7:30pm
Country Line Dance	7-8pm
Martial Arts w/Chris Millner	7-8:30pm
Salsa y Más	7:30-9pm

#### Tuesday, September 13

Stretch & Tone Sr. Fitness	10-11am
Zumba (limited space)	5:30-6:30pm
Hoopdance	5:30-6:30pm
Pilates for Strength & Toning	5:30-6:25pm
Beg. Ballroom w/ Matt Hackney	6:30-7:30pm
Country Two Step – Beg.	6:30-7:30pm
Martial Arts w/ Chris Millner	7-8:30pm
Intro to Digital Photography	7:15-7:45pm
Dance Nights Out w/M. Hackney	7:30-8:30pm
Country Two Step – Interm.	7:30-8:30pm

#### Wednesday, September 14

Ballet – Interm.	5:30-7pm
Jazzercise	5:30-6:30pm
Argentine Tango Level 1	6-7pm
Argentine Tango Level 2	7-8pm
Argentine Tango Level 3	8-9pm

#### Thursday, September 15

Stretch & Tone Sr. Fitness	10-11am
Zumba	5:30-6:30pm
Yoga: Grace & Strength	5:30-6:30pm
Core Strength & Flexibility	5:30-7pm
Hula Dance w/Angelita Eller	5:30-7pm
Belly Dance – Beg.	5:45-7pm
Salsa for Beginners	7-8pm
Tahitian Dance w/ Angelita Eller	7-8pm
Belly Dance – Interm/Adv	7:30-9pm
Interm. Salsa	8-9pm

#### Friday, September 16

Jazzercise	5:30-6:30pm
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#### Saturday, September 17

Jazzercise	8:30-9:30am
Ballet – Interm/Adv	10:15am-Noon
Stretch & Tone Sr. Fitness	10-11am
Zumba	11am-Noon

**Carrillo Recreation Center**  
**100 East Carrillo Street**  
**897-2519**

City of Santa Barbara  
**Parks & Recreation**  
Your Recreation Leader

### YOUTH CLASSES

#### Monday, September 12

Baby Rock! (0-18 mo)	10-10:45am
Baby Rock! (18 mo-4 yrs)	11-11:45am
Kung Fu – Beg (ages 4-6)	3-3:30pm
Kung Fu – Interm (ages 4-6)	3:30-4pm
Kung Fu – Adv (ages 4-6)	4-4:30pm
Martial Arts (all level ages 7-12)	4:30-5:30pm & 5:30-6:30pm

#### Tuesday, September 13

Rhythmic Gymnastics	3:30-5pm
Youth Acting (ages 6-12)	4-5pm

#### Wednesday, September 14

Kung Fu – Beg (ages 4-6)	3-3:30pm
Kung Fu – Interm (ages 4-6)	3:30-4pm
Kung Fu – Adv (ages 4-6)	4-4:30pm
Martial Arts (all level ages 7-12)	4:30-5:30pm & 5:30-6:30pm

#### Thursday, September 15

Intro Rhythmic Gymnastics	2:30-3:30pm
Origami (ages 7-12)	3:30-4:30pm
Rhythmic Gymnastics	3:30-5pm

#### Friday, September 16

Intro Rhythmic Gymnastics	4-5pm
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#### Saturday September 17

Martial Arts (all level ages 7-12)	10:30-11:30am
Kung Fu – Beg (ages 4-6)	9-9:30am
Kung Fu – Interm (ages 4-6)	9:30-10am
Kung Fu – Adv (ages 4-6)	10-10:30am

[www.sbparcsandrecreation.com](http://www.sbparcsandrecreation.com)